



Dear Friend,

Thank you for your interest in the Regeneration Program at Refuge on the Ridge.

Our program is unique in that our entire staff is comprised of men who at one time, just like you, struggled with addiction. They have all come through a program, have years in recovery and are now equipped and committed to helping other men, like you, become free from their addiction. We, as a staff, are evidence that this is possible!

Our program consists of instructional classes, education, church services, a work program, and much more.

Please carefully read this information packet, initial where indicated and sign the final page. We ask that you bring this signed packet with you to your intake interview.

If you have any questions, our office will be happy to assist you during our regular business hours, Monday - Friday from 9 am - 4 pm.

Andy Blair
Executive Director



GENERAL PROGRAM OVERVIEW

Our 10 month residential program comprehensively addresses the whole person in regards to recovery through examining the spiritual, emotional and physical parts of a man. Our desire is that men can be rescued from themselves and their addiction, redeemed to a right relationship with Jesus Christ and restored to a healthy, vibrant relationship with their loved ones. Our hope is that, each man passionately embraces the specific purpose God has for them and eventually gives back what was given to them.

Our staff are dedicated to helping you through the program. They take their commitment seriously and rejoice at the opportunity to help each new man that comes into the program.

Refuge on the Ridge is a 501(c)3 non-profit organization, accountable to a Board of Directors, and governed daily by a council of proven elders.

OUR MISSION

Putting families back together, one man and one family at a time.

OUR VISION

Set on the Ridge in Central Florida, we are a Christian regeneration program helping men find freedom from their addictions. This is a safe environment away from the day to day chaos and distractions, where men can focus on healing. We believe this healing can only be found through an authentic relationship with Jesus.

OUR LOCATION

3905 Chalet Suzanne Drive
Lake Wales, FL 33859



Refuge on the Ridge

STATEMENT OF FAITH AND CONDUCT

1. About God: God is the creator and ruler of the universe. He has eternally existed in three personalities: The Father, The Son, and The Holy Spirit. These three are co-equal and are one God (Genesis 1:126-27, 3:22; Psalms 90:2; Matthew 28:19; I Peter 1:2; II Corinthians 13:14)
 2. About Jesus Christ: Jesus Christ is the Son of God. He is God incarnate and co-equal to the Father. He was born of a virgin, lived a sinless life and offered himself on the cross as a perfect sacrifice for the sins of all people. On the third day after he was crucified, Jesus arose bodily from the grave to demonstrate his power over sin and death. He ascended into heaven where he sits at the Father's right hand ministering on behalf of and interceding for his people. He will return someday to reign with us in eternity as King of Kings and Lord of Lords. (Matthew 1:22-23, Isaiah 9:6, John 1:1-14, John 14:10-30; Hebrews 4:14-15; I Corinthians 15:3-4, Romans 1:3-4; Acts 1:9-11; I Timothy 6:14-15; Titus 2:13; I Thessalonians 4)
 3. About the Holy Spirit: the Holy Spirit is co-equal with the Father and the Son. He is the presence of God in the world. He works to make men aware of their sin and need for salvation. He indwells every believer empowering them to fully comprehend truth, empowering them to live Christ-like lives, and guiding them in choosing and doing what is right. He also gifts each believer uniquely for works of ministry. Christians must seek to submit their lives to his control on a daily basis. (II Corinthians 3:17; John 16:7-13; John 14:16-17; Acts 1:8; I Corinthians 2:12, 3:16; Ephesians 1:13; Galatians 5:25; Ephesians 5:18; Romans 6-8)
 4. About The Bible: The Bible is God's written word to us. It was written by human authors but under the superintendence of the Holy Spirit. It is the supreme source and final authority for believers in all matter of belief and living. Because it is inspired by God, we believe that it contains truth in these matters without any error. (II Timothy 3:16; I Peter 1:20-21; II Timothy 1:13, Psalms 119:105,160; Proverbs 30:5)
 5. About Human Beings: We believe humans are unique in god's creation. People alone in the created world are said to have been made in the image of God. We were created to be in fellowship with God, to enjoy him, and to be like Him in character. Although each of this has that incredible potential for good, each of us has also broken our relationship with God and been marred by an attitude of disobedience to Him called "sin". That attitude of sin separates us from God and is the root cause of almost all evil and suffering in the world. (Genesis 1:27; Psalms 8:3-6; Isaiah 53:6; Romans 3:23; Isaiah 59:1-2)
 6. About Salvation: Salvation is God's free gift to us. Salvation cannot be earned or deserved, but it must be accepted by faith. We can never make up for our sins by self-improvement or good works. Only by trusting in God's offer of forgiveness for sins through Jesus Christ can anyone be saved and have eternal life. When we
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Refuge on the Ridge

decide to turn from our self-ruled life and turn to Jesus Christ in faith we are saved. At that very moment eternal life begins for us. (Romans 6:23; Ephesians 2:8-9; John 14:6; John 1:12; Titus 3:5)

7. About Holy Living: Christ followers are called to grow in grace and in their knowledge of the Lord Jesus Christ. We are told to “exercise yourself unto godliness...” and to “...perfect holiness out of reverence for God. For us that means that genuine salvation will result in a new nature that causes us to want to live in obedience. It will also result in the Holy Spirit indwelling our hearts and cleansing our actions, attitudes, and dispositions allowing us to begin to reflect the nature of Jesus in our living. Christ followers are called to cooperate with the Holy Spirit in this sanctifying process by learning to follow his promptings and making us of the means of growth the Holy Spirit most often uses: The Word,
8. About Eternity: People were created to exist forever. We will either exist eternally separated from God by sin, or eternally enjoying God through faith and salvation. To be eternally separated from God is Hell. To be in eternal communion with him is Heaven. We believe that Heaven and Hell are real places of eternal existence. (John 3:16, John 14:17; Romans 6:23; Romans 8:17-18; Revelation 20:15; I Corinthians 2:7-9)
9. About Baptism: We believe every person who places their faith in Christ should desire to be obedient to his commands. The first command that Christ make is for us to be baptized. Baptism is an outward symbol that testifies to salvation that has taken place in a person's heart. It is the initial way that we obey Christ and that we identify ourselves as his followers and members of his family. We believe the Biblical mode of baptism is full immersion under water of a person old enough to understand what it means to submit their lives to Jesus and who has made that decision. (Colossians 2:12, Matthew 28:19-20, Romans 6:1-4; Acts 2:37-39)
10. About Marriage and Sexuality: We believe that God wonderfully and immutably creates each person as male or female. These two distinct, complementary genders together reflect the image and nature of God. (Gen 1:26- 27). Rejection of one's biological sex is a rejection of the image of God within that person.

We believe that the term “marriage” has only one meaning: the uniting of one man and one woman in a single, exclusive union, as delineated in Scripture. (Genesis 2:18-25). We believe that God intends sexual intimacy to occur only between a man and a woman who are married to each other. (1 Corinthians 6:18; 7:2-5; Hebrews 13:4). We believe that God has commanded that no intimate sexual activity be engaged in outside of a marriage.

We believe that any form of sexual immorality (including adultery, fornication, homosexual behavior, bisexual conduct, bestiality, incest, and use of pornography) is sinful and offensive to God. (Matthew 15:18-20).



We believe that every person must be afforded compassion, love, kindness, respect, and dignity. (Mark 12:28-31; Luke 6:31). Hateful and harassing behavior or attitudes directed toward any individual are to be repudiated and are not in accord with Scripture nor the doctrines of Refuge on the Ridge Church.

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POSTPONE LEGAL OBLIGATIONS

All legal obligations and court proceedings must be rectified to a place where the resident will not have to leave while participating in the program.

MEDICAL CRITERIA

We are not a medical facility and we cannot provide medically supervised detoxification. Nor are we able to service persons with medical situations that would be considered "extreme", needing constant care, or continuous follow-up with medical professionals.

Residents must be physically detoxed and able to participate in required daily activities prior to being accepted into the program. **Those unable to participate in daily activities will be dismissed from the program.**

Resident must disclose any physical, emotional, mental, or health conditions that might restrict or limit their participation in the recovery program.

Failure to do so may result in dismissal.

Resident is responsible for any costs associated with off-campus emergency medical or dental care.

Resident must be willing to have a blood-screening test upon entry to the program.



MEDICATIONS

Medications MUST BE pre-approved prior to intake, and must be turned in upon arrival.

Examples of NOT - APPROVED Medications:

Anti-depressants, anti - histamines/decongestants (medicines ending with D or DM), barbiturates, narcotics, opiate blockers sleep— aids, mood altering, psychotropic or any other potentially addictive medications ARE NOT ALLOWED.

Examples of APPROVED Medications:

Over the counter Pain relievers (ie.Tylenol, Ibuprofen, Aleve, etc.)
Stomach Medication (ie.Prilosec, Imodium, etc.)
Cold, Cough, Sinus and allergy medication.

* Please note that all over the counter medicines must be sealed.

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TYPICAL DAILY SCHEDULE

MONDAY - FRIDAY

6:30 | Breakfast

7:25 | Quiet Time

8:00 - 10:00 | Classroom instruction, group therapy, etc.

10:30 - 12:00 | Work Therapy

12:00 | Lunch

1:00 - 5:00 | Work Therapy

5:30 | Dinner

7:00 | Weeknight Functions (Fellowship, Prayer Meetings, Group Assembly)

10:00 | Lights out!

COMMUNICATION

Phone calls are not permitted. We encourage residents to send and receive letters. Incoming and outgoing mail and packages will be monitored.

Residents are allowed to receive \$20 cash and/ or \$20 Walmart gift cards via mail for supplies and things they may need.

TOBACCO POLICY

Absolutely no smoking or tobacco products are to be used or consumed by residents. We are a strict tobacco free facility.

INTAKE INTERVIEW

Once a date is scheduled for your intake interview, we expect that you arrive ON TIME for your appointment! If late, your appointment may need to be rescheduled. It is not recommended to bring children during this process. Persons bringing you for your interview should be prepared to stay during the entire process which may take up to two hours. You will need to bring the \$200 intake fee to the interview.



FAMILY VISITATION

Visitation is allowed Saturdays and Sundays, and is reserved for IMMEDIATE FAMILY ONLY: Spouse, parents, grandparents, brothers, sisters, and children. Girlfriends are NOT considered immediate family. Strict guidelines are established for visitors and items they may bring. Weekend visits must be approved and scheduled before arriving on campus. Please see the visitor information packet for details.

PROGRAM FEE

Men entering the program are responsible for a nominal fee of \$4,500.

Donations and other resources make it possible for us to offer the program to you significantly lower than the actual cost. We do not accept or reject a man based on their financial capability; however, a \$200 intake fee is required at the face to face interview. Payment arrangements will be discussed at time of interview.



Items to bring to the interview:

Residents may not have more than \$20 in cash on hand per week which can be used for canteen purchases.

- ✓ IDENTIFICATION DOCUMENTS
Picture ID, Driver's License or Social Security Card.

 - ✓ LINENS
Twin size sheets, blanket, pillow, towels, and washcloths.

 - ✓ PERSONAL ITEMS
Shampoo, soap, toothpaste, mouthwash (alcohol free), clothes hangers, stamps, stationary, and pencils/pens.

 - ✓ CLASSROOM SUPPLIES
Bible, backpack or book-bag, pen, highlighters, notebook paper.

 - ✓ CLOTHING
Men are required to wear men's clothing. Casual clothing for classroom, casual/dressy clothing for church services. Bring appropriate clothing and shoes for recreation and work program.

 - ✓ OPTIONAL ITEMS
Snacks (available for purchase in the canteen), rain boots, rain jacket, sunglasses, water bottle.
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Prohibited Items:

Refuge on the Ridge strives to create an environment that protects all men and cultivates an environment of growth. Therefore, staff reserve the right to make discretionary decisions concerning items. Violators of these prohibited items are subject to immediate dismissal.

- X Drugs, alcohol, non—approved medication
- X Anything containing alcohol: mouthwash, cologne, etc.
- X Pocketknife or any item that could be considered a weapon
- X Cell phone, camera, computer, C.D. Player, IPod, Radio, or any other technological device, smart watch, and smart devices.
- X Jewelry (no facial or body jewelry allowed)
- X No tobacco, eCigs or Vapors
- X No bath salts
- X No energy drinks, diet aids, supplements, or powdered drink mixes
- X No protein bars or any other “weight lifting” supplements.
- X No loose powder of any kind.
- X No playing cards or games
- X Non-approved secular books or magazines.
- X No personal vehicles.

PLEASE SIGN TO VERIFY THAT YOU HAVE READ THE PROGRAM INFORMATION PACKET

SIGNATURE:

PRINT NAME: _____

DATE: _____
