



Dear Friend,

Thank you for your interest in the Regeneration Program at Refuge on the Ridge.

Our program is unique in that our entire staff is composed of men who at one time, just like you, struggled with addiction. They have all come through the program, spent years in training and are now equipped and committed to helping other men, like you, become free from their addiction. We, as a staff, are evidence that this is possible!

Our program consists of instructional classes, education, church services, a work program, and much more.

Please carefully read this information packet, initial where indicated and sign the final page. We ask that you bring this signed packet with you to your intake interview.

If you have any questions, our office will be happy to assist you during our regular business hours, Monday - Friday from 8 am - 5 pm.

Andy Blair  
Executive Director



## General Program Overview

Our 11 month residential program comprehensively addresses the whole person in regards to recovery through examining the spiritual, emotional, and physical parts of a man. Our desire is that men can be rescued from themselves and their addiction, redeemed to a right relationship with Jesus Christ and restored to a healthy, vibrant relationship with their loved ones. Our hope is that each man passionately gives back what was given to them.

Our staff are dedicated to helping you through the program. They take their commitments seriously and rejoice at the opportunity to help reach new men that come into the program.

## Our Mission

Putting families back together, one man and one family at a time.

## Our Vision

Set on the Ridge in Central Florida, we are a Christian regeneration program helping men find freedom from their addictions. This is a safe environment away from the day to day chaos and distractions, where men can focus on healing. We believe this healing can only be found through an authentic relationship with Jesus.

## Our Location

3800 Chalet Suzanne Drive  
Lake Wales, FL 33859



## Statement of Faith and Conduct

1. **We believe the Bible to be the inspired, infallible, authoritative, unerring Word of God** (II Timothy 3:15, II Peter 1:21).
2. **We believe there is one God, eternally existent in three persons: Father, Son, and Holy Spirit** (Genesis 1:1, Matthew 28:19, John 10:30).
3. **We believe in the deity of Christ** (John 10:3); **His virgin birth** (Isaiah 7:14, Matthew 1:23, Luke 1:35); **His sinless life** (Hebrews 4:15, Hebrews 7:26); **His miracles** (John 2:11); **His vicarious and atoning death** (I Corinthians 15:3, Ephesians 1:7, Hebrews 2:9); **His resurrection** (John 11:25, I Corinthians 15:4); **His ascension to the right hand of the Father** (Mark 16:19); **and His personal return in power and glory** (Acts 1:11, Revelation 19:11).
4. **We believe in the absolute necessity of regeneration by the Holy Spirit for salvation because of the exceeding sinfulness of human nature, that men are justified on the single ground of faith in the shed blood of Christ, and that only by God's grace and through faith alone we are saved** (John 3:16-19, John 5:24, Romans 3:23, Romans 5:8-9, Ephesians 2:8-10, Titus 3:5).
5. **We believe in the resurrection of both the saved and the lost. They that are saved unto the resurrection of life, and they that are lost unto the resurrection of damnation** (John 5:28-29).
6. **We believe in the spiritual unity of believers in our Lord Jesus Christ** (Romans 8:9, I Corinthians 12:12-13, Galatians 3:26-28).
7. **We believe in the present ministry of the Holy Spirit by whose indwelling the Christian is enabled to live a godly life** (Romans 8:13-14, I Corinthians 3:16, I Corinthians 6:19-20, Ephesians 4:30, 5:18).
8. **We believe that the term 'marriage' has only one meaning and that is marriage sanctioned by God which joins one man and one woman in a single, exclusive union, as delineated by scripture.** (Genesis 2:22-24, Matthew 19:4-6, 1 Corinthians 7:1-16)

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## Postpone Obligations

All legal obligations and court proceedings must be rectified to a place where the resident will not have to leave while participating in the program.

## Medical Obligations

We are not a medical facility and we cannot provide medically supervised detoxification. Nor are we able to service persons with medical situations that would be considered "extreme", needing constant care, or continuous follow-up with medical professionals.

Residents must be physically detoxed and able to participate in required daily activities prior to being accepted into the program. **Those unable to participate in daily activities will be dismissed from the program.**

Residents must disclose any physical, emotional, mental, or health conditions that might restrict or limit their participation in the recovery program. **Failure to do so may result in dismissal.**

Residents are responsible for any costs associated with off-campus emergency medical or dental care.

Residents must be willing to have a blood-screening test upon entry to the program.

## Medications

All medications must be PRE-APPROVED

Examples of NOT - Approved Medications:

Antidepressants, antihistamines/decongestants with D or DM, barbiturates, narcotics, opiate blockers, sleep aids, mood altering, psychotropic or any other potentially addictive medications are not allowed.

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## Typical Daily Schedule

### MONDAY - FRIDAY

6 :30 | Breakfast

7 :25 | Quiet Time

8 :00 - 1 0:0 0 | Classroom time

1 0:30 - 12: 00 | Work Therapy

1 2:00 | Lunch

1 :00 - 5 :00 | Work Therapy

5 :30 | Dinner

7 :00 | Weeknight Functions (Fellowship, Group sessions, church, Bible study)

1 0:00 | Curfew

## COMMUNICATION

Phone calls are not permitted. We encourage residents to send and receive letters; incoming and outgoing mail packages will be monitored. Residents are allowed to receive no more than \$20 in cash or gift cards for supplies they may need.

## TOBACCO POLICY

We are a strict no smoking, vaping, or dip, or chewing tobacco campus.

## Intake Interview

Once a date is scheduled for your intake interview, we expect you to arrive ON TIME. IF you are late, you will need to be rescheduled. It is not recommended to bring children during this process. Persons bringing you for your interview should be prepared to stay during the entire process which may take up to two hours. You will need to bring the \$200 intake fee to the interview.

## FAMILY VISITATION

Family visitation is reserved for Sunday after church, this is immediate family only. No girlfriends, friends, or friends of the family, etc.



## **Program Fee**

Men entering the program are responsible for the nominal fee of \$5,500.

Donations and other resources make it possible for us to offer the program to you significantly lower than the actual cost. We do not reject a man based on their financial capacity, however, the intake fee of \$200 is required at the face to face interview.

Payment arrangements will be discussed at the time of the interview. Please note, there are no refunds given for the program; this is a commitment.

## **Items to bring to the interview:**

Residents may not have more than \$20 in cash on hand per week which can be used for canteen purchases.

- ✓ **IDENTIFICATION DOCUMENTS**  
Picture ID, Driver's License or Social Security Card.
  
- ✓ **LINENS**  
Twin size sheets, blanket, pillow, towels, and washcloths.
  
- ✓ **PERSONAL ITEMS**  
Shampoo, soap, toothpaste, clothes hangers, stamps, stationary, wrist— watch
  
- ✓ **CLASSROOM SUPPLIES**  
Bible, backpack or book-bag, pen, highlighters, notebook paper.
  
- ✓ **CLOTHING**  
Men are required to wear men's clothing. Casual clothing for classroom, casual/dressy clothing for church services. Bring appropriate clothing and shoes for recreation and the work program.



**Prohibited Items:**

Refuge on the Ridge strives to create an environment that protects all men and cultivates an environment of growth. Therefore, staff reserves the right to make discretionary decisions concerning items. Violators of these prohibited items are subject to immediate dismissal.

- X Drugs, alcohol, non—approved medication
- X Anything containing alcohol: mouthwash, cologne, etc.
- X Pocket Knife or any item that could be considered a weapon
- X Cell phone, camera, computer, C.D. Player, IPod, Radio, or any other technological device.
- X Jewelry (no facial or body jewelry allowed)
- X No tobacco, eCigs, or Vapors
- X No bath salts
- X No energy drinks, diet aids, supplements, or powdered drink mixes
- X No protein bars or any other “weight lifting” supplements.
- X No loose powder of any kind.
- X No playing cards or games
- X Non-approved secular books or magazines.
- X No personal vehicles.

**PLEASE SIGN TO VERIFY THAT YOU HAVE READ THE PROGRAM INFORMATION PACKET**

**SIGNATURE:**

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**PRINT NAME:** \_\_\_\_\_ **DATE:** \_\_\_\_\_



**Drug Testing**

Residents, employees, and/or visitors shall be subject to random drug and alcohol testing. Random testing will be conducted without notice to randomly selected residents, employees, and/or visitors.

**Reasonable Suspicion**

Residents, employees, and/or visitors shall be subject to reasonable suspicion drug and alcohol testing if a trained supervisor or instructor believes or suspects that the resident, employee, and/or visitor is under the influence.

**Refusal to Submit to a Drug and/or Alcohol Test**

You are considered to have refused to take a drug and/or alcohol test if you:

- Fail to appear at a collection site for any test within a reasonable time, as determined by Refuge on the Ridge, after being directed to do so by Refuge on the Ridge.
- Fail to remain at the collection site until testing is complete.
- Fail to provide a specimen.
- Fail to permit a monitored or observed collection if ordered.
- Fail to provide a sufficient amount of urine specimens.
- Fail or decline to take an additional drug test as directed.
- Fail to cooperate with any part of the collection process.
- Possess or wear a prosthetic device that could be used to interfere with the collection process, designed to carry clean urine or a urine substitute.
- Admit to the collector to having adulterated or substituted the specimen.
- Adulterate or substitute a urine specimen.

**Consequences of a Positive Test Result or Refusal to Test**

Immediate dismissal from the program. You will not be reconsidered for reentry into the program for at least 30 days. After 30 days you may resubmit an application for the program.

I agree and consent to the drug testing policies.

Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_





### Information Sharing and Consent Form

I, \_\_\_\_\_ hereby give my permission to Refuge on the Ridge to share personal information with other service providers in connection with my care, including accessing and sharing my medical, and if applicable, mental health and police records. I agree to a referral being made in order to support my needs. I understand that Refuge on the Ridge may hold information gathered about me from the various agencies and as such my rights under the Data Protection Act will not be affected.

#### Statement of Consent:

- I understand that personal information is held about me.
- I have had the opportunity to discuss the implications of sharing or not sharing information about me.
- I agree that personal information about me may be shared and gathered from the following agencies:
  - Health services
  - Lawyers, court, case workers, guardian ad litem
  - Law enforcement
  - Adult services
  - Education support services
  - Social services, including child protection services
  - Housing providers

Are there any agencies you do not want us to share or gather additional information with? If so, list them here:

\_\_\_\_\_

By checking this box, I agree to my information being shared and gathered between services.

Your consent to share personal information is entirely voluntary and you may withdraw your consent at any time.

Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_



I hereby assume any risks that may be incident to my stay here and do hereby for my heirs, executors, administrators, myself or any personal representative release and relinquish forever any and all claims of any nature whatsoever that might arise out of my stay at Refuge on the Ridge.

I do hereby promise and agree that I will cooperate with the rules of Refuge on the Ridge, Inc. to the best of my ability and that I will carry out the work assigned to me in maintaining Refuge on the Ridge as my physical conditions permit and to the best of my ability.

I have read and/or have had read to me all of the foregoing questions and/or statements and have made the answers thereto contained in this application and am fully aware of the meaning of the same and I willing and personally sign this application and contract fully knowing what I am doing.

Any personal property left upon my departure from Refuge on the Ridge and not claimed within three days by me or my authorized representative shall become the property of Refuge on the Ridge.

Note: No person other than the applicant is authorized to sign this application/contract.

Applicant name: \_\_\_\_\_

Applicant Signature: \_\_\_\_\_

Witness: \_\_\_\_\_

Date: \_\_\_\_\_